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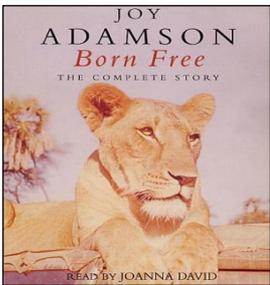
New Releases Adult Non-Fiction Audiobooks

Please note: all prices include G.S.T.

UA = "complete and unabridged, word for word"

Biography

Joy Adamson. **Born Free: The Complete Story**

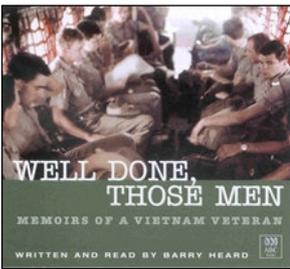


Joy Adamson is world-famous as the woman who walked with lions. These are the books that brought the story of her work to a public whose imagination was captured by the discovery of this remarkable interaction between man and beast.

Born Free was first published in 1960, and tells the story of her relationship with Elsa, raising her from a young cub and later releasing her into the wild. **Living Free** and **Forever Free** continue Elsa's story and that of her cubs.

5CD \$49.95 Narrated by Joanna David

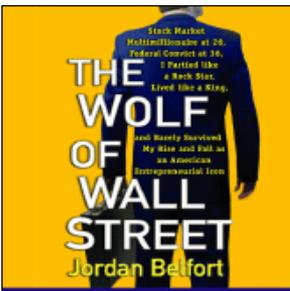
Barry Heard. **Well Done, Those Men: Memoirs of a Vietnam Veteran**



In an intensely personal account, Barry Heard explains how as a conscript he was one of the many young men sent off to Vietnam for a year completely unprepared for the emotional and psychological impact of what they would do and what they would have done to them there. As a result, he spent the next thirty years having a "slow-motion" breakdown. The story of his long journey "home" from Vietnam is an inspiring story of a life reclaimed, and gives voice to a lost generation of Australian men.

2CD \$29.95 Narrated by author
10CD UA \$129.95 Narrated by Mike Bishop

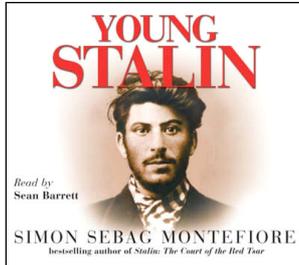
Jordan Belfort. **The Wolf of Wall Street**



In the 1990s Jordan Belfort, former kingpin of the notorious investment firm Stratton Oakmont, became one of the most infamous names in American finance: a conniving stock-chopper who led his merry mob on a wild ride out of Wall Street and into a massive office on Long Island. By day he made thousands of dollars a minute. By night he spent it as fast as he could, on drugs, sex, and international globe-trotting, with the SEC and FBI closing in...

5CD \$49.95 Narrated by Bobby Cannavale

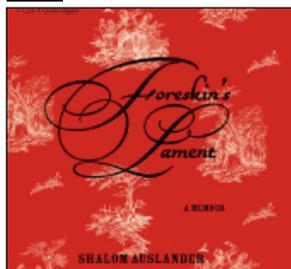
Simon Sebag Montefiore. **Young Stalin**



This enthralling biography reads like a thriller and reveals the extraordinary journey of the Georgian cobbler's son who became the Red Tsar. Born into poverty, this charismatic but dangerous boy was hailed as a romantic poet who initially trained as a priest, but found his mission as a fanatical revolutionary. Part-intellectual, part-brigand, Stalin became the mastermind of bank robberies, protection-rackets, extortion, arson, piracy and murder. The result of major new research in the Russian and Georgian archives, this book shows how the brutal paranoia and gangsterism of the criminal underworld, combined with pitiless ideology, taught Stalin how to triumph in the Kremlin - and create the USSR in his flawed image.

5CD \$45.00 Narrated by Sean Barrett

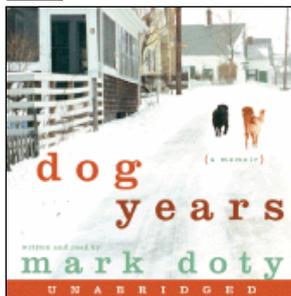
Shalom Auslander. **Foreskin's Lament**



Auslander describes his Orthodox Jewish upbringing as theological abuse in this sardonic, twitchy memoir that waits for the other shoe to drop from on high. The irony of his name, Shalom (Hebrew for peace), isn't lost on him, a tormented soul gripped with dread, fending off an alcoholic, abusive father while imagining his heavenly one as a mocking, inescapable presence. Fond of tormenting himself with worst-case scenarios, he concludes, That would be so God.

6CD UA \$49.95 Narrated by Author

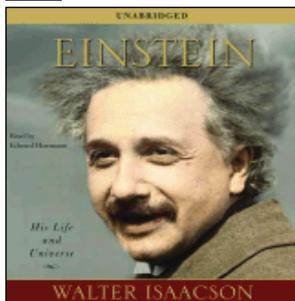
Mark Doty. **Dog Years (A memoir)**



Why do dogs speak so profoundly to our inner lives? When Mark Doty decides to adopt a dog as a companion for his dying partner, he finds himself bringing home Beau, a large golden retriever, malnourished and in need of loving care. Beau joins Arden, the black retriever, to complete their family. As Beau bounds back into life, the two dogs become Mark Doty's intimate companions, his solace, and eventually the very life force that keeps him from abandoning all hope during the darkest days. Their tenacity, loyalty, and love inspire him when all else fails.

5CD UA \$69.95 Narrated by Author

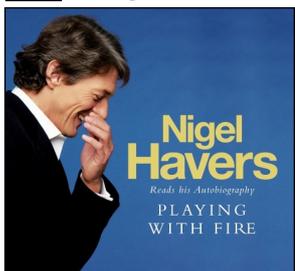
Walter Isaacson. **Einstein: His Life and Universe.**



How did Einstein's mind work? What made him a genius? Isaacson's biography shows how his scientific imagination sprang from the rebellious nature of his personality. His fascinating story is a testament to the connection between creativity and freedom. Based on the newly released personal letters of Albert Einstein, Walter Isaacson explores how an imaginative, impertinent patent clerk – a struggling father in a difficult marriage who couldn't get a teaching job or a doctorate – became the mind reader of the creator of the cosmos, the locksmith of the mysteries of the atom and the universe.

18CD UA \$99.95 Narrated by Edward Herrmann

Nigel Havers. **Playing With Fire**



Well-known actor Nigel Havers tells of the trial and travails of a life that is anything but glamorous! While on location in India shooting *A Passage to India*, he survived recalcitrant extras, marauding monkeys and a rather irritable Dame Peggy. With characteristic modesty and an eye for the absurd, Nigel Havers recounts the

highs and lows of an enviable career that has taken him from a schoolboy production of *A Midsummer Night's Dream* to the red carpet on Oscar night with *Chariots of Fire*.

2CD \$45.00 Narrated by Author

Winston Churchill. **Winston: Aspects of Churchill**



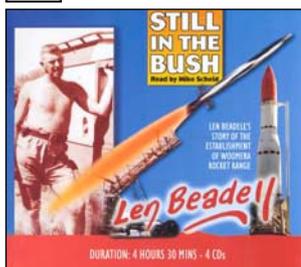
Contains: *Never Give In*, Sir Winston Churchill's greatest speeches, selected and introduced by his grandson Winston S. Churchill. The speeches that he painstakingly composed, rehearsed and delivered, inspired courage in an entire nation.

Churchill Remembered draws on a wealth of archive broadcasts by many,

including Churchill himself, and encompasses the whole of his extraordinary life. *Speaking for Themselves*: the personal correspondence between Winston and Clementine Churchill, edited by their daughter and narrated by some of Britain's leading actors.

6CD \$79.95 Narrated by Author, Robert Boothby, Violet Bonham Carter, Nancy Astor, Oswald Mosley, and more.

Len Beadell. **Still in the Bush**

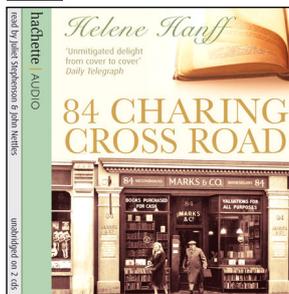


"We're looking for someone to start a rocket range – er... or something..." So said Colonel Fitzgerald, Director of the Australian Army Survey Corps to Len Beadell in 1949. Len accepted the challenge and so began this story of surveying, navigating and surviving in the Central Australian outback. Len tells of the establishment of the Woomera

Rocket Range for the testing of rockets of all sizes including intercontinental ballistic missiles for the British and Australian governments during the Cold War years of the 1950s and 1960s. This is full of the yarns and memories of a very special era in Australia's history.

4CD \$29.95 Narrated by Mike Scheid

Helene Hanff. **84 Charing Cross Road**

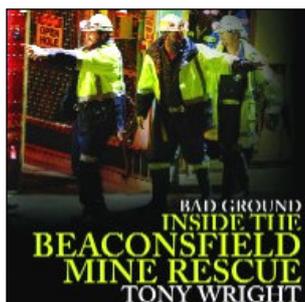


Told in a series of letters in *84 Charing Cross Road* and then in diary form in the second part, *The Duchess of Bloomsbury Street*, this true story has touched the hearts of thousands. "This book is the very simple story of the love affair between Miss Helene Hanff of New York and Messrs Marks and Co, sellers of rare and secondhand books, at 84 Charing Cross Road, London." – *Daily Telegraph*

2CD UA \$39.95 Narrated by Juliet Stevenson, John Nettles

Non-Fiction

Tony Wright. **Bad Ground: Inside the Beaconsfield Mine Rescue**

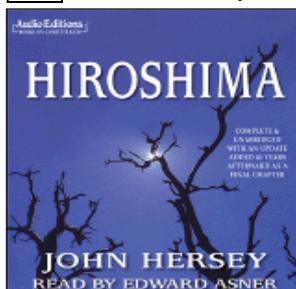


Bad Ground is the real story of miners Todd Russell and Brant Webb and their deliverance from entombment in the depths of the Beaconsfield hard-rock mine. But the seismic event that trapped them just as profoundly. Family, friends, fellow miners and rescuers: this is also the story of those who worked

desperately against the clock and against all odds to reach the men below. Of those who held vigil, of those who grieved, and of those who never stopped believing.

8CD UA \$34.95 Narrated by Humphrey Bower

John Hersey. **Hiroshima**

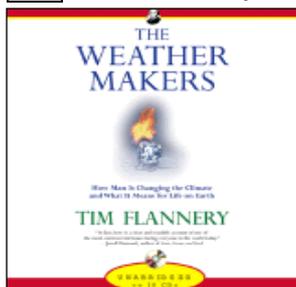


On 6th August 1945, an atomic bomb destroyed the city of Hiroshima, Japan. 100,000 people were killed in Hiroshima when the bomb dropped. Miraculously, these six survived: a Jesuit priest, a surgeon, a desk clerk, a Methodist pastor, a physician, and a tailor's widow. Their stories reveal the courage, unearthly terror and devastating loss of the few who emerged, alive, from the shattered ruins of the city.

Forty years after this book was first published, John Hersey returned to Hiroshima to find the survivors he interviewed - and to tell you their fates. This is now the eloquent and moving final chapter of Hiroshima.

4CD UA \$49.95 Narrated by Edward Asner

Tim Flannery. **The Weather Makers**

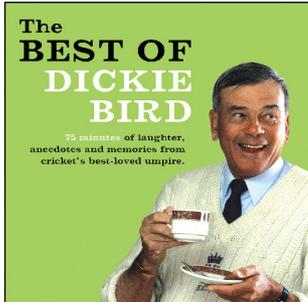


Over the past decade, the world has seen the most powerful El Nino ever recorded, the most devastating hurricane in 200 years, the hottest European summer on record, and one of the worst storm seasons ever experienced in Florida. With one out of every five living things on this planet committed to extinction by the levels of greenhouse gases that will accumulate

in the next few decades, we are reaching a global climatic tipping point. *The Weather Makers* is both an urgent warning and a call to arms, outlining the history of climate change, how it will unfold over the next century, and what we can do to prevent a cataclysmic future.

10CD UA \$69.95 Narrated by Drew de Carvalho

Dickie Bird. The Best of Dickie Bird

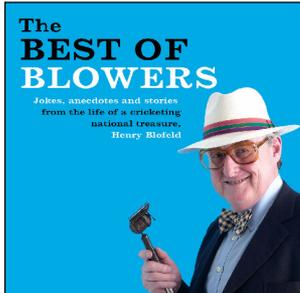


Now collected for the first time on one CD, here are the brilliant highlights from Dickie Bird's three bestselling recordings of *My Autobiography*, *White Cap and Bails*, and *An Evening With Dickie Bird*. From his childhood in Barnsley to his hilarious experiences with Test cricketers such as Ian Botham, Geoffrey Boycott, Merv Hughes and

Allan Lamb, and his own emotional farewell at Lord's, here are the best stories from cricket's favourite storyteller.

1CD \$39.95 Narrated by Author

Henry Blofeld. The Best of Blowers



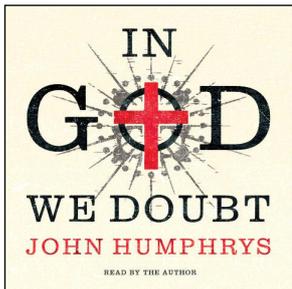
"My dear old thing!" Cricket fans everywhere will recognise Henry Blofeld's rich, plummy voice and sharp wit. Now enjoy the very best of Blowers in this blockbusting collection – jokes, anecdotes and stories from a life immersed in cricket.

Henry Blofeld is the leading commentator for the BBC's Test Match Special, and has been a cricket writer

for 35 years.

1CD \$39.95 Narrated by Author

John Humphrys. In God We Doubt

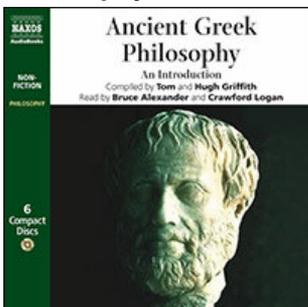


Radio presenter John Humphrys tackles the big question through his own personal journey and argues that doubt is the only credible belief to have. He had the rare opportunity in 2006 of challenging leaders of our three main religions to prove to him that God does exist. "The Radio Four interviews: Humphrys In Search of God" provoked the biggest response to

anything he has done in half a century of journalism. The interviews and the massive reaction from listeners had a profound effect on him - but not in the way he expected.

8CD UA \$34.95 Narrated by Humphrey Bower

Tom & Hugh Griffith (compiled). Ancient Greek Philosophy: An Introduction

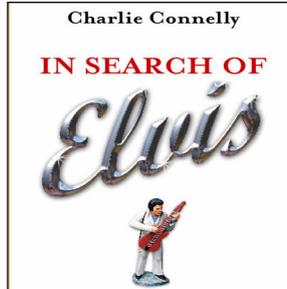


Almost all Western thought – in politics, medicine, ethics, morality, religion, mathematics, art and science – stems from the tradition of rational enquiry that developed in ancient Greece. This unprecedented intellectual curiosity, eloquence and elegance is still immediately evident to anyone who has struggled with a hypotenuse or questioned the existence of God; and many of those Greek philosophers' names and ideas are commonplaces. But what is the Socratic Method? Just how Stoic are you? Or would you consider yourself an Epicurean?

This introduction brings to life the ideas of some of the greatest minds in Western thought, as well as placing them in context with an intelligent, accessible commentary.

6CD \$59.95 Narrated by Bruce Alexander, Oliver Ford Davies, Crawford Logan & cast

Charlie Connelly. In Search of Elvis

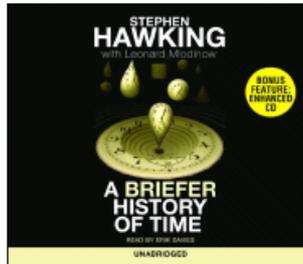


From the bestselling author of *Attention All Shipping* comes the first travel book to examine the global appeal of the King of Rock'n'Roll. Since his death in 1977 Elvis Presley has become an even greater cultural icon than when he was making records and consuming deep-fried peanut-butter-and-banana sandwiches. IN SEARCH OF ELVIS sees Charlie Connelly set off on a

journey to discover what makes Elvis so significant today.

3CD \$39.95 Narrated by Julian Rhind-Tutt

Stephen Hawking with Leonard Mlodinow. A Briefer History Of Time

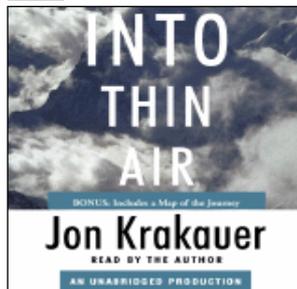


Hawking's bestseller, *A Brief History of Time*, has been a landmark volume in scientific writing. Making its contents more accessible has resulted in this "Briefer History", which is also brought up-to-date with the latest scientific observations and findings. The tantalising secrets at the heart of time and space cover

relativity, curved space, quantum theory, string theory and exciting developments in the search for a complete unified theory of all the forces of physics.

4CD UA \$59.95 Narrated by Erik Davies

Jon Krakauer. Into Thin Air

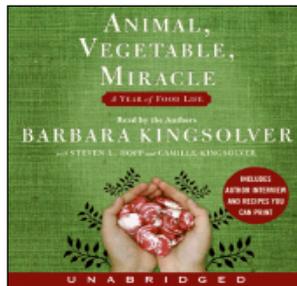


Now available in unabridged CD format for the first time. Told by acclaimed journalist Jon Krakauer, this definitive personal account of the deadliest season in the history of Mount Everest will leave you moved and breathless. One climber in four dies attempting to reach the summit of Mount Everest. The fee of \$65,000 does not deter the rich and adventurous...

Krakauer, an accomplished climber, goes to the Himalayas on assignment to examine what it is about Everest that compels so many people – including himself – to throw caution to the wind and willingly subject themselves to the deadly danger, hardship and expense of making an attempt upon Mount Everest.

7CD UA \$49.95 Narrated by Author

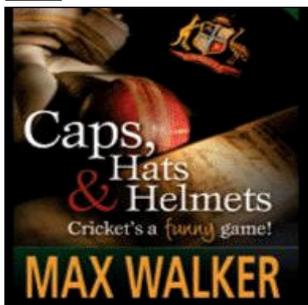
Barbara Kingsolver. Animal, Vegetable, Miracle: A Year of Food Life



With characteristic poetry and pluck, Barbara Kingsolver and family sweep readers along on their journey away from the industrial-food pipeline to a rural life in which they vow to buy only food raised in their own neighbourhood, grow it themselves, or learn to live without it. Their search yields surprising discoveries about turkey sex life and overly zealous zucchini plants, en route to a food culture that's better for all. Part memoir, part journalistic investigation, *Animal, Vegetable, Miracle* makes a passionate case for putting the kitchen back at the centre of family life.

12CD UA \$79.95 Narrated by Barbara & Camille Kingsolver, and Steven L. Hopp

Max Walker. Caps, Hats & Helmets

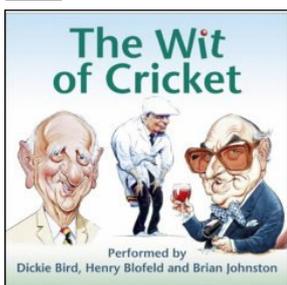


There are hundreds of cricket stories under every helmet. No matter where he game is played, at the MCG or the unknown paddock in Tasmania. Max Walker's bowling action was unique and so is his turn of phrase. Max delivers yarns from all over the world including: Dreaming of a baggy green cap; The taxi ride from hell; How we nailed 17 runs off the last ball; Backyard cricket... at the MCG; Face

to face with The 12th Man; Don Who? Don Bradman, that's who!; "We're going to play cricket at night!"- a tribute to the man who saved cricket, Kerry Packer.

7CD UA \$30.00 Narrated by Author

Various. The Wit of Cricket

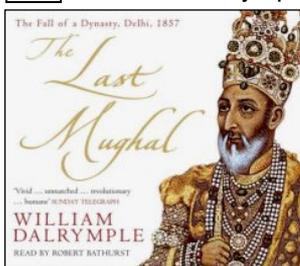


Recorded live, here are dozens of hilarious stories about legendary Test cricketers such as Richie Benaud, Ian Botham, Geoffrey Boycott, Michael Holding and Fred Trueman - as well as some of the most famous gaffes and practical jokes carried out by the commentary team on BBC Radio's Test Match Special. Enjoy three of the best storytellers in the business as they prove

that cricket is a funny game - even when rain stops play!

1CD UA \$45.00 Narrated by Dickie Bird, Henry Blofeld and Brian Johnston

William Dalrymple. The Last Mughal

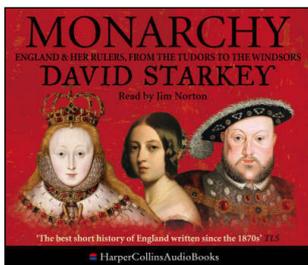


On a dark, wet winter's evening in November 1862, a cheap plywood coffin was buried to the eerie sound of silence: no lamentations, no panegyrics, for as the British Commissioner in charge of the funeral insisted, 'No vesting will remain to distinguish where the last of the Great Moghuls rests.' The last of the Great Mughals was Bahadur

Shah Zafar II: one of the most talented, tolerant and likeable of his remarkable dynasty, he found himself in the position of leader of a violent uprising he knew from the start would lead to irreparable carnage. Zafar's frantic efforts to unite his disparate and mutually suspicious forces proved tragically futile: the Siege of Delhi was the Raj's Stalingrad, and Mughal Delhi was left an empty ruin, haunted by battered remnants of a past that was being rapidly and brutally overwritten.

4CD \$49.95 Narrated by Robert Bathurst

David Starkey. Monarchy: England & her rulers from the Tudors to the Windsors



Monarchy encompasses the greatest and most notorious events in our history. From the War of the Roses to the infamous Gunpowder Plot, the bloody battles of the English Civil War to the madness of King George III, the Napoleonic Era to the heyday of Empire under Victoria, and finally to the present Queen Elizabeth II,

Starkey gives new life to these figures, producing an entertaining and masterful picture of the building blocks upon which the England of today is built.

6CD \$35.99 Narrated by Jim Norton

Jim Maxwell & Glenn Mitchell (compiled).

Australia's Top Ten Ashes Moments

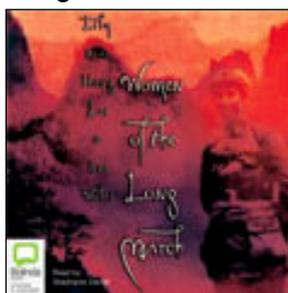


Cricket experts Jim Maxwell and Glenn Mitchell were on a mission through the winter to shortlist Australia's top 10 post World War II Ashes moments. Relive the excitement of these greatest moments as they happened... by listening to the original broadcasts. This recording includes priceless historical material featuring Don Bradman, Richie Benaud,

Greg Chappell, Bob Massey, Doug Walters, Allan Border, Jeff Thomson, Shane Warne, Michael Slater, Glenn McGrath and Steve Waugh.

1CD UA \$14.95 Narrated by various

Lily Xiao Hong Lee & Sue Wiles. Women of the Long March

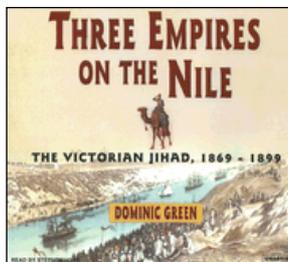


The Long March of 1934-5 is the central event in modern Chinese history. Most of what has already been written on the Long March is about the men on that march: Mao Zedong, Zhou Enlai, Deng Xiaoping. This is the story of the women who took part in the Long March, seen through the biographies of three key players, in three time periods: the Long March itself, a decade later at

liberation and then forty years later. Drawing on interviews, published and unpublished sources, it is a moving account of a little understood group of women and one of the great events of 20th century history.

9CD UA \$334.95 Narrated by Stephanie Daniel

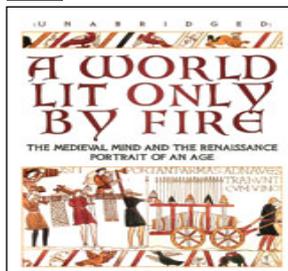
Dominic Green. Three Empires on the Nile: The Victorian Jihad, 1869-1899



A formidable work of popular narrative history describing the tumultuous events that took place in northeastern Africa in the final third of the 19th century. Breathing life into, among many others, the starchy British general Charles Gordon and his fanatical antagonist, the Mahdi, Green examines an era that witnessed the rise of three empires (the Egyptian tyranny of Khedive Ishmail, the apocalyptic "fantasy" of the Mahdi, and the British Empire). The Islamic backlash turned the liberators into occupiers - and a prime minister flounders as his ministers betray him, alliances fall apart, and a runaway general makes policy in the field.

11CD UA \$89.95 Narrated by Stephen Hoye

William Manchester. A World Lit Only By Fire



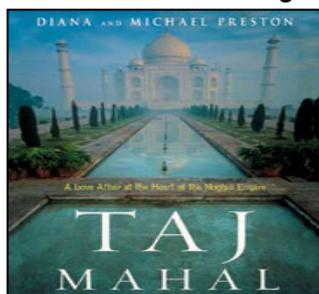
From tales of chivalrous knights to the barbarity of trial by ordeal, no era has been a greater source of awe, horror, and wonder than the Middle Ages. In handsomely crafted prose and with the grace and authority of his extraordinary gift for narrative history, William Manchester leads us from a civilisation tottering on the brink of

collapse to the grandeur of its rebirth, the Renaissance, a dense explosion of energy that spawned some of history's greatest poets, philosophers, and painters, as well as some of its most spectacular villains.

10CD UA \$69.95 Narrated by Barrett Whitener

9cass UA \$69.95 Narrated by Barrett Whitener

Diana & James Preston. Taj Mahal: A Love Affair at the Heart of the Moghul Empire

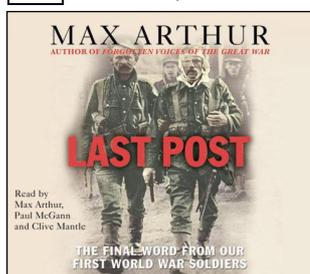


While Galileo was under house arrest at the hands of Pope Urban VIII, the Thirty Years War ruined Europe, and the Pilgrims struggled to survive in the New World, work began on what would become one of the Seven Wonders of the World: the Taj Mahal. Built by the Moghul emperor Shah Jahan as a memorial to his beloved wife, Mumtaz Mahal, its flawless

symmetry and gleaming presence have for centuries dazzled everyone who has seen it, and the story of its creation is a fascinating blend of cultural and architectural heritage, and reflects the magnificent history of the Moghul Empire beginning with legendary warriors Genghis Khan and Tamburlaine.

10CD UA \$59.95 Narrated by James Adams

Arthur, Max. Last Post

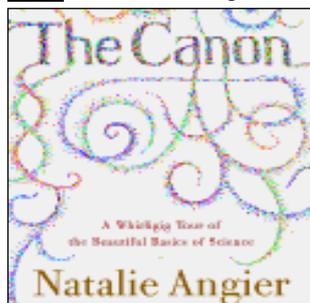


Max Arthur interviewed some of the 30 surviving British soldiers from the First World War and combined their stories with other interviews in the Imperial War Museum and various private collections. *Last Post* is very consciously the last word from the handful of survivors left alive in 2004. When they die, our final human

connection with WWI will be broken: after this, we will have only recordings or diaries. We will never be able to ask a question of someone who was there. The 'Forgotten Voices' of WWI speak for the final time.

3CD \$39.95 Narrated by Max Arthur, Paul McGann and Clive Mantle

Natalie Angier. The Canon

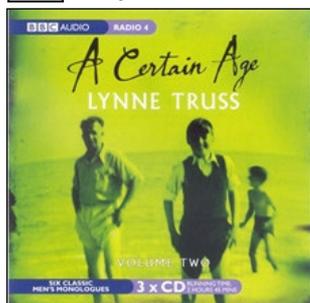


Buckle up for a joy ride through physics, chemistry, biology, geology, and astronomy. Natalie Angier makes science fascinating and fun. Most of the profound questions we will explore in our lives have to do with science. So do a lot of everyday things, like our ice cream melting and our coffee getting cold and our vacuum cleaner running (or not).

What does our liver do when we eat a caramel? Are we really made of stardust?

11CD UA \$79.95 Narrated by Nike Doukas

Lynne Truss. A Certain Age (volume 2)

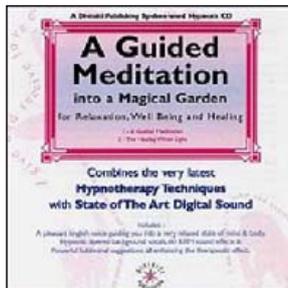


From the classic BBC Radio 4 series comes this second volume in the tradition of Alan Bennett's Talking Heads. Six more funny, touching, and beautifully observed monologues tell tales of fidelity, pride, friendship and family, from six men who have reached a certain age. Each has a different - and sometimes surprising - story to tell, from the brother who receives an unexpected letter to a compulsive philanderer and news photographer sent on an unusual assignment.

3CD UA \$35.00 Narrated by author and various

Self-Help

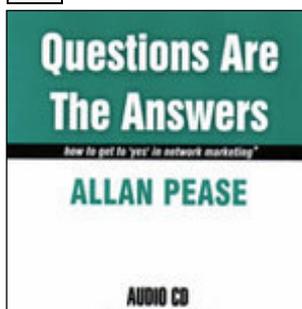
Glenn Harrold. A Guided Meditation: For relaxation, well being and healing



Combines the latest in hypnotherapy techniques with state of the art digital sound. A pleasant voice will guide you into a deeply relaxed state. Then a hypnotic layered background vocals with 60BPM sound effects and powerful subliminal suggestions enhance the therapeutic effect. The CD guides the listener into a magical healing garden with a beautiful stream, and then follows

with a creative healing white light visualisation.
1CD \$29.95 Narrated by author

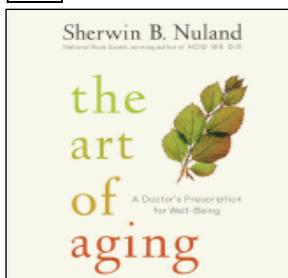
Allan Pease. Questions Are The Answers



Top level networking is a science - a learned skill, and *Questions are the Answers* gives you the techniques and shows you how to use them, how to measure and improve your progress, and what to observe when dealing with people. Using simple, field-tested strategies, you will learn how to build your marketing business to a level beyond

your wildest dreams.
1CD \$22.95 Narrated by author

Sherwin B. Nuland. The Art of Aging

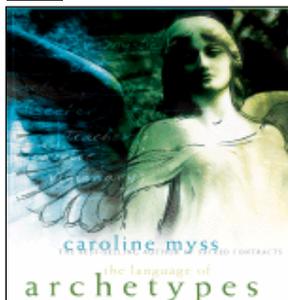


The onset of aging can be so gradual that we are often surprised to find that one day it is fully upon us. The changes to the senses, appearance, reflexes, physical endurance, and sexual appetites are undeniable - and rarely welcome - and yet, as Nuland shows, getting older has its surprising blessings. Age concentrates not only the mind, but the body's energies, leading many to

new sources of creativity, perception and spiritual intensity. Growing old, Nuland teaches us, is not a disease but an art - and for those who practise it well, it can bring extraordinary rewards.

5C \$59.95 Narrated by Author

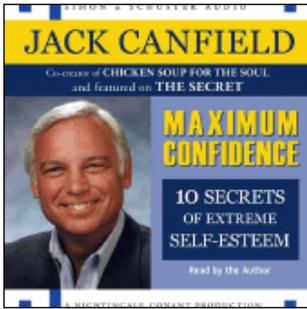
Caroline Myss. The Language of Archetypes



Have you ever felt that your life was guided by larger - unseen but very real - forces? Caroline Myss examined the patterns of hundreds of archetypes that she believes exist in human consciousness, and she presents an "alchemy of spirituality" to use for self-understanding, healing, and divine connection. Her first complete training course on how to identify and work with the nine major archetypal families, this program brings listeners face-to-face with: The Four Survival Archetypes everyone is born with: child, prostitute, victim, and saboteur; The Royal Family: queen, king, damsel, knight, and others; The Shadow Family: thief, trickster, addict, and others.

11CD UA \$179.95 Narrated by Author

Jack Canfield. **Maximum Confidence**



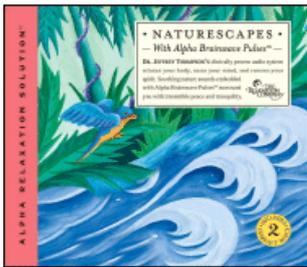
10 Secrets of Extreme Self-Esteem.

Let Jack Canfield show you why you should associate with nourishing, rather than toxic, people; how, by using your mind and imagination and emotions and body and intuition, you can create a positive focus; how to rid yourself of anger, guilt or sadness; how to eliminate the drain of

incomplete tasks; how to use the Total Truth Process to boost your confidence and personal power, and more.

5CD UA \$59.95 Narrated by Author

Dr. Jeffrey Thompson. **Rainforest & Ocean Waves – With Alpha Brainwave Pulses**

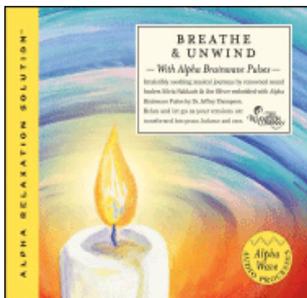


Sounds of the Ocean. Soothing sounds of ocean waves recorded at the rocky shores of Maine and Newfoundland combined with ALPHA and BETA brainwave frequencies leads listeners to a place of alert relaxation. Perfect for listening in the background while working, studying, or creating a relaxed natural ambiance.

Sounds of the Rainforest. Sounds of light rain, gentle breezes, and water dropping from leaves in the Costa Rican rainforest, all combined with ALPHA and THETA brainwaves leads listeners to a place of deep relaxation. This natural soundscape can be used for meditation, stress relief, and sleep induction.

2CD UA \$34.95

Dr Jeffrey Thompson. **Breathe & Unwind**



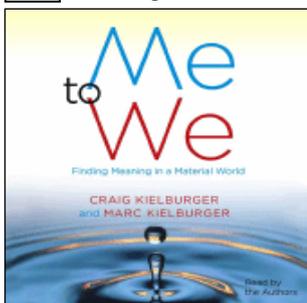
Irresistibly soothing musical journeys by renowned sound healers embedded with alpha brainwave pulses by Dr Jeffrey Thompson. Relax and let go as your tensions are transformed into peace, balance and ease.

Includes Mountain Rain; Healing Waters of Thailand; Fire Dance; Indian Summer; Invocation; Refuge;

Transformation; Dedication.

5CD \$59.95 Performed by Dr Jeffrey Thompson, Silvia Nakkach, Jorge Alfano

Craig & Marc Kielburger. **Me to We**

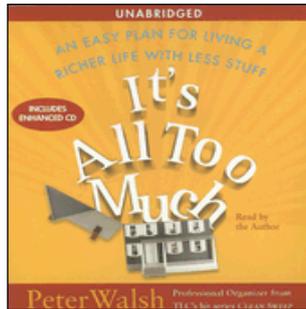


Imagine waking up every morning believing that your actions can make a significant change in the world. For everyone who has ever yearned for a better life and a better world, Craig and Marc Kielburger share a blueprint for personal and social change that has the power to transform lives one act at a time. **Me to We** is an approach to life that

leads us to recognise what is truly valuable. It creates new ways of measuring meaning, happiness, and success in our lives, and makes these elusive goals attainable at last.

5CD \$59.95 Narrated by the authors

Walsh, Peter **It's All Too Much**

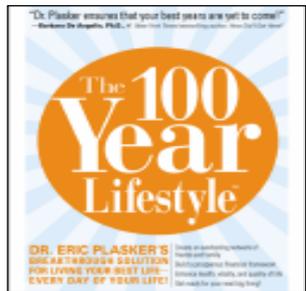


Peter Walsh, the organisational guru from TLC's hit show "Clean Sweep", shares his proven system for letting go of your emotional and physical clutter so that you can create a happier, more stress-free home and life. With his trademark humour and insight, Peter guides you step-by-step through the very charged process of decluttering your home,

organising your possessions, and reclaiming your life. Going way beyond colour-coded boxes and storage bin solutions, **It's All Too Much** shows you how to reexamine your priorities and let go of the things that are weighing you down.

6CD UA \$49.95 Narrated by Author

Eric Plasker. **The 100 Year Lifestyle**

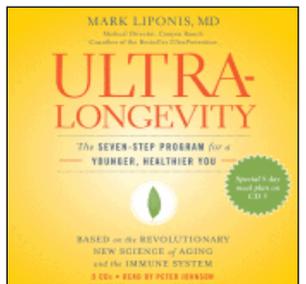


You're probably thinking: There's no way I'm going to live to 100. I'm not sure I want to live that long, even if I could. But odds are, you will. And, while your parents and grandparents may have been blindsided by their longevity, your longer life can be a good thing - the opportunity to realise all of your dreams and establish a remarkable legacy - if you prepare for

it. Based on Dr. Plasker's bestselling wellness system, The 100-Year Lifestyle™ reveals the secret to making the most of your extended lifespan as you age in years - without aging in body and mind.

4CD \$59.95 Narrated by Author

Mark Liponis, MD. **Longevity: The Seven-Step Program to a Younger, Healthier You**

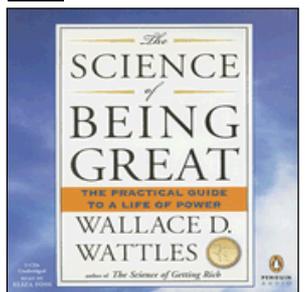


Based on the revolutionary new science of aging and the immune system. Isolating the source of more than 90% of today's most common diseases, from cancer and heart disease to diabetes, stroke, and Alzheimer's, Drs. Hyman and Liponis enumerate the Five Forces of Illness - Sludge (malnutrition), Burnout (impaired metabolism), Heat (inflammation), Waste (impaired

detoxification), and Rust (oxidative stress). The promise of its practice is huge - a health span that matches life span - and you'll experience increased energy, weight loss, enhanced mood and memory, better digestion, deeper sleep, diminished stress, and more.

5CD \$59.95 Narrated by Peter Johnson

Wallace D. Wattles. **The Science of Being Great**

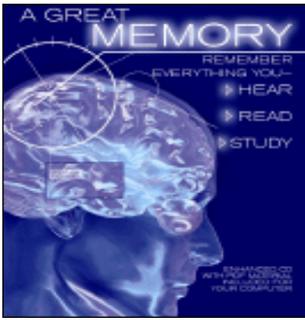


"There is a Principle of Power in every person. By the intelligent use and direction of this principle, man can develop his own mental faculties. Man has an inherent power by which he may grow in whatsoever direction he pleases, and there does not appear to be any limit to the possibilities of his growth. No man has yet become so great in any faculty but that it is

possible for some one else to become greater. The possibility is in the Original Substance from which man is made."

3CD UA \$39.95 Narrated by Eliza Foss

Robert L. Montgomery. **A Great Memory**



Memory is a specific process that involves retrieving the information correctly. This title will help you so that you will remember everything you

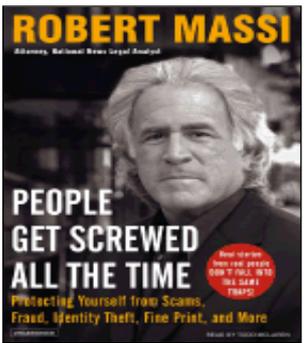
- ◆ Hear
- ◆ Read
- ◆ Study

Remember names, dates, facts, appointments, test material -

everything you read, hear or study. These proven techniques improve your memory by 300% to 400%.

2CD UA \$29.95 Narrated by Michael Coon

Robert Massi. **People Get Screwed all the Time: Protecting Yourself from Scams, Fraud, Identity Theft, Fine Print, and More**

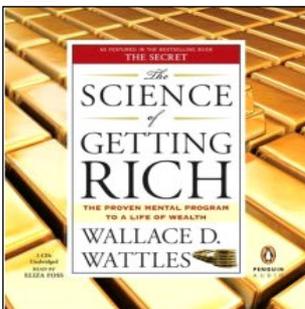


Familiar to viewers as a national TV legal analyst, Robert Massi has heard countless stories of well-intentioned individuals getting caught up in damaging situations that they didn't see coming. In **People Get Screwed All the Time**, Massi explains how to avoid falling for scams, getting entrenched in endless legal battles, and inadvertently ending up on the wrong side of the law.

9CD UA \$139.95 Narrated by Tod McLaren

Business

Wallace D. Wattles. **The Science of Getting Rich**



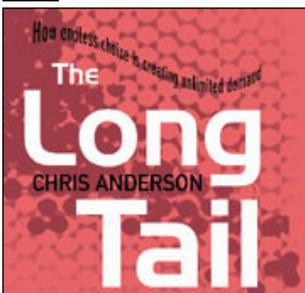
Wattles describes a definite science of wealth attraction, built on the foundation of one commanding idea: "There is a thinking stuff from which all things are made... A thought, in this substance, produces the thing that is imaged by the thought."

Wattles shows how to **use** this idea, how to **overcome** barriers to its application, and how work with very direct **methods** that awaken it in your

life. He further explains how **creation and not competition** is the hidden key to wealth attraction, and how your power to get rich uplifts everyone around you.

3CD UA \$39.95 Narrated by Eliza Foss

Anderson, Chris **The Long Tail**

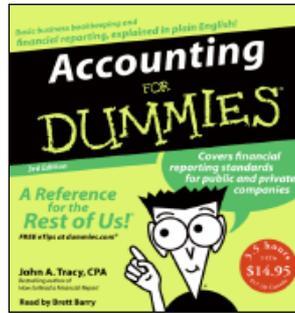


With his brilliant theory of the Long Tail – a powerful new economic force in a world where the internet allows access to almost unlimited choice – Chris Anderson has identified an important truth about our economy and culture : that the future does not lie in hits – the high-volume end of a traditional demand curve – but in what used to be regarded as misses

: the endlessly long tail of that same curve.

7CD UA \$52.95 Narrated by Christopher Nissley

John A. Tracy. **Accounting for Dummies**

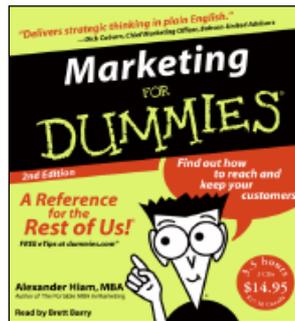


Whether you're a small business owner or just want to understand your 401(k) statements, this new edition of Accounting For Dummies helps you get a handle on all those columns of numbers. With fully up-to-date accounting basics for business and personal finances, this book helps you to balance your books and stay in the black.

Read a financial statement - Manage budgets for a better bottom line - Analyse business strengths and weaknesses - Evaluate accounting methods and business structures

2CD \$29.95 Narrated by Brett Barry

Alexander Hiam. **Marketing for Dummies**

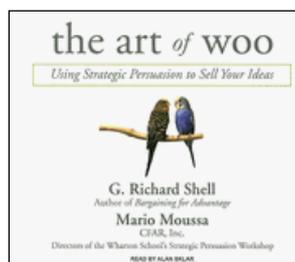


Whether you want to introduce a new product or jumpstart your existing marketing plans, this friendly guide can help. Packed with expert tips, from identifying customers to using online resources to size up competitors, this updated edition of "Marketing For Dummies" leads you step by step through the four P's of marketing - product, pricing, positioning, and placement.

Prepare hard-hitting campaigns - Plan and stick to your budget - Use research effectively - Increase consumer awareness - Satisfy your clients' needs - Boost your sales

2CD \$29.95 Narrated by Brett Barry

G. Richard Shell and Mario Moussa. **The Art of Woo**

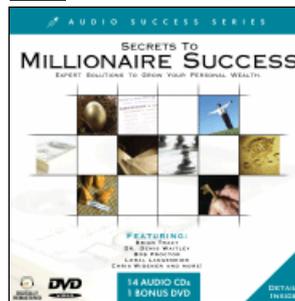


Using Strategic Persuasion to Sell Your Ideas
Selling ideas – especially the kinds of ideas that make organisations work – is a skill shrouded in mystery. In **The Art of Woo**, Professors G. Richard Shell and Mario Moussa offer a self-assessment to determine which persuasion role fits you best and

discuss how to make the most of your natural strengths.

8CD UA \$69.95 Narrated by Alan Sklar

Brian Tracy. **Secrets of Millionaire Success**

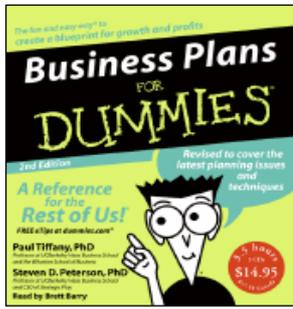


Now you can have unlimited access to the worlds top business coaches and financial strategists any time you want with this comprehensive, multi-session guide to personal and financial success. From positive thinking to setting goals and making them a reality, the Secrets to Millionaire Success audio suite offers hours of motivation and practical steps to power-up your life. Featuring a bonus

DVD on striving for significance in your life, you will not only learn how to gain personal success, but will also understand the importance and meaning behind giving back to others. Secrets to Millionaire Success is the self-paced, proactive methodology for taking your life to a whole new level of success.

14CD UA \$69.95 Narrated by Alan Sklar

Paul Tiffany and Steven Peterson. **Business Plans for Dummies**



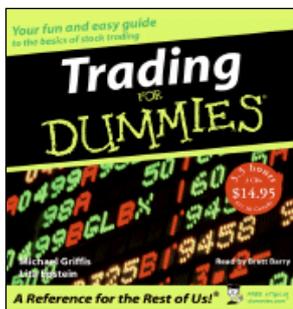
Creating a great business plan is the first and most vital step to business success. "Business Plans For Dummies," 2nd Edition, offers quick, easy solutions for all your planning dilemmas. Packed with the latest tips and advice, this fun, friendly resource will help you launch your company with confidence.

Assess your company's goals and objectives - Create a clear, precise

mission statement - Identify customers and understand their needs - Differentiate your business from the competition - Understand budgeting and finances

2CD \$29.95 Narrated by Brett Barry

Michael Griffis and Lita Epstein. **Trading for Dummies**

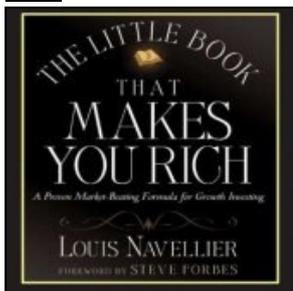


Do you want to trade stocks, but don't know where to start? Are you scared of the risks? Relax! "Trading For Dummies" takes a measured approach to trading, giving you the basics of trading and portfolio management. This friendly guide will show you how to analyze the market and make smart decisions--so you won't lose your shirt! Understand market cycles - Choose the best broker for you - Master technical

analysis - Develop a balanced portfolio - Uncover new trends - Manage your risk exposure

2CD \$29.95 Narrated by Brett Barry

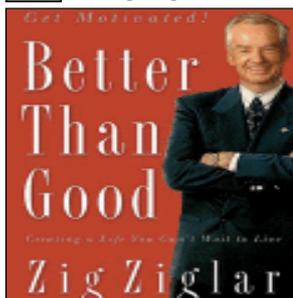
Louis Navellier. **The Little Book that Makes You Rich**



Louis Navellier has made his living by picking the top 1% actively traded stocks and making money off of them. He shows you how to find that top tier of companies able to take money and make their earnings climb. He explains the metrics that you'll need to figure out which stocks will grow their earnings and stock price, as well as how to measure volatility and performance and manage risk. Navellier gives investors the intuitive markers they'll need for reviewing stock prices based on analysts' moves, profit margins, and sales. He also presents succinct and easy to follow advice that will keep you from paying too much for stocks, alert you when you should sell your stocks, and how to monitor your portfolio for quality.

4CD UA \$49.95 Narrated by Mark Barbalok

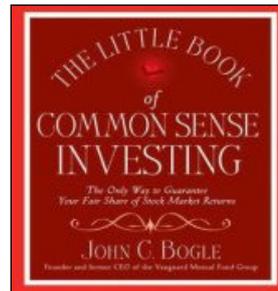
Zig Ziglar. **Better Than Good**



Done in the trademark Ziglar style, this audiobook will help anyone focus on getting motivated to confront and transform the things that may be standing in the way of making your life **Better Than Good**. With Zig's practical and spiritual vision for what life can be when we allow purpose and passion to fill our souls, this is a title that can truly make a difference.

6CD UA \$39.95 Narrated by Author

Bogle C. John. **The Little Book of Common Sense Investing**

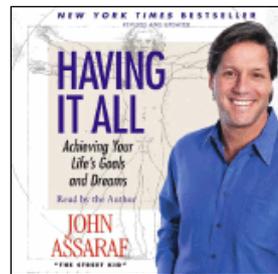


With this audiobook as your guide, you'll discover how to make investing a winner's game:

- Why business reality – dividend yields and earnings growth – is more important than market expectations
- How to overcome the powerful impact of investment costs, taxes, and inflation
- How the magic of compounding returns is overwhelmed by the tyranny of compounding costs
- What expert investors and brilliant academics have to say about index investing
- and much more

4CD UA \$39.95 Narrated by Thom Pinto

John Assaraf. **Having It All: Achieving Your Life's Goals and Dreams**



Entrepreneur John Assaraf started with nothing and went on to create a multimillion dollar empire and achieve the life of his dreams, earning himself the nickname "The Street Kid". Now, he shares the best of what he's learned:

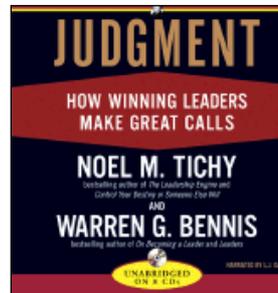
- Develop and utilise the seven power factors all highly successful people use
- Apply the most advanced techniques that world-class athletes and

entrepreneurs use to eliminate mental obstacles

- Pinpoint and design the exact life you truly want - then live it!
- Use the power of your subconscious mind to develop empowering success habits
- and more!

6CD UA \$39.95 Narrated by Author

Noel M. Ticky & Warren G. Gennis. **Judgment: How winning leaders make great calls**

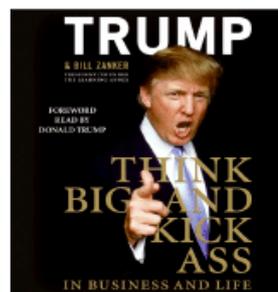


Ticky and Bennis redefine the essence of leadership as the ability to make consistently good judgments, especially when the stakes are high, information is limited, and the right call is far from obvious. Leaders add most of their value by the quality of their judgments; every other aspect of leadership is secondary. Judgment clarifies an important concept that is often

misunderstood. Many assume that good judgment is an inborn trait. Ticky and Bennis show that it's actually a skill that can be developed, refined, and nurtured through an organisation.

8CD UA \$69.95 Narrated by L. J. Ganser

Donald Trump & Bill Zanker. **Think Big and Kick Ass in Business and Life**



Donald J. Trump is an icon: the very definition of the American success story. After meeting Donald Trump, Bill Zanker learned to Think BIG himself – his company is now generating over \$100 million a year in sales. For the first time ever, you too can learn Trump's secrets to thinking BIG and kicking ass! Learn: Momentum: the Big Mo. How to get it and how to get it back. Revenge: how and

when to get it (and why it's so sweet). "I love you, now sign this!" Why contracts in business and personal life are so important. Real-life stories from people who've applied the think BIG formula in their own lives.

7CD UA \$59.95 Narrated by Alan Sklar & Author